

RETREAT

FIND HELP IN OVERCOMING ADDICTIONS
& UNHEALTHY ATTACHMENTS ON THIS **HEALING** RETREAT!

FRIDAY, SATURDAY & SUNDAY

September 11th-13th

Ingatian Spirituality Center of Montréal

BUILDING: *Villa Saint-Martin*

21269 Boulevard Gouin Ouest | Montréal QC Canada H9K 1C1

The Ingatian Spirituality Center of Montréal is hosting a weekend Catholic in Recovery retreat that will offer hope and healing for individuals in recovery. This retreat is for those who are seeking to find freedom from a variety of addictions, compulsions, and unhealthy attachments, and family members impacted by their loved one's addiction.

Participants will be encouraged to encounter and grow in the Lord through various talks, reflections, prayer, meetings, and opportunities for fellowship grounded in a Catholic sacramental approach to the Twelve Steps of addiction recovery. When in the grips of addiction, it can be difficult to seek God's help. But the power of God is more than a concept—it's a real, personal force of love and grace that can free us from the shackles of darkness and give us new life!



REGISTER ONLINE by visiting
www.catholicinrecovery.com/events

REGISTER The cost is \$345 (\$472 CAD) and includes accommodations, six meals, and retreat materials.

QUESTIONS? contact: retreats@catholicinrecovery.com

EARLY BIRD

Save \$50 USD for those who register by July 15, 2026

 **Catholic
in Recovery**

