## **FIND HELP** IN OVERCOMING ADDICTIONS & UNHEALTHY ATTACHMENTS ON THIS **HEALING** RETREAT!

## FRIDAY, SATURDAY & SUNDAY

# April 11th-13th

**ARLY BIRD** ave \$40 for those who register by January 31, 2025

#### Malvern Retreat House

BUILDING: McShain-Horstmann Family Life Center 315 South Warren Avenue | Malvern, PA 19355

Malvern Retreat House will be hosting a *Women's only* Catholic in Recovery (CIR) Retreat April 11-13, 2025. This three-day retreat will offer hope and healing for women in recovery from a variety of addictions, compulsions, and unhealthy attachments, those who are seeking to find freedom from the grip of addiction, and family members impacted by their loved one's addiction.

Catholic in Recovery is a community of men and women who overlap 12step recovery with the sacramental life of the Catholic Church. When in the grips of addiction, it can be difficult to seek God's help. But the power of God is more than a concept–it's a real, personal force of love and grace that can free us from the shackles of darkness and give us new life! Participants will be encouraged to encounter and grow in the Lord through various talks, reflections, prayer, meetings, and opportunities for fellowship grounded in a Catholic sacramental approach to the Twelve Steps of addiction recovery. The Sacraments of Reconciliation and the Eucharist will be available during the weekend.

Accommodations and meals will be provided. The cost of the retreat is \$435/person single-occupancy or \$395/person double-occupancy. \$40 discount if you register by January 31, 2025.



### **REGISTER ONLINE** by visiting www.catholicinrecovery.com/events

If you have questions, contact: **Lucy S.** at (443) 207-1437 or lucysneeringer@gmail.com



