

## Fourth Sunday of Lent



This Sunday's Gospel Reading is one that deeply resonates with the experience out of the darkness of addiction and families who have found freedom from the bondage of unhealthy attachments—the Parable of the Prodigal Son. Overlapped with the sacraments of the Church, the Twelve Steps provide a framework to experience how God longs for our return, renewal, and recovery. We first consider the words of Saint Paul in this Sunday's Second Reading:

*Whoever is in Christ is a new creation:  
the old things have passed away;  
behold, new things have come.  
And all this is from God,  
who has reconciled us to himself through Christ and  
given us the ministry of reconciliation, namely, God  
was reconciling the world to himself in Christ, not  
counting their trespasses against them and  
entrusting to us the message of reconciliation.*

Steps One through Five are summarized in this reading. As we realize our powerlessness and need for Christ, God may make a new creation of us. Reconciliation is made possible by the blood of Jesus, who calls us to pick up our cross as we make a searching and fearless moral inventory of ourselves. By sharing it with Him, ourselves, and another human being, the shame and hurt left by the stain of our mistrust are removed.

Transformation may happen quickly or it may happen slowly. Either way, we do not have to wait for God to meet us along the way. The Parable of the Prodigal Son tells the account of a greedy son who asked his father for his inheritance and then squanders it on drunkenness, sexual promiscuity, and moral debauchery. Upon hitting rock bottom, the son decides to return to the father for help:

*Coming to his senses he thought,  
'How many of my father's hired workers  
have more than enough food to eat,  
but here am I, dying from hunger.  
I shall get up and go to my father and I shall say to  
him,  
'Father, I have sinned against heaven and against  
you.  
I no longer deserve to be called your son;  
treat me as you would treat one of your hired  
workers.'"  
So he got up and went back to his father.  
While he was still a long way off,  
his father caught sight of him, and was filled with  
compassion.  
He ran to his son, embraced him and kissed him.*

This story captures the merciful love of the father and the saving grace received by the younger, prodigal son. However, it does not end there as Jesus remarks on the experience of the elder son. Filled with self-righteousness, the older son scorns at the idea of his father's acceptance of the prodigal, making a case for himself while pointing out the unfair nature of the father's embrace. Divine love tends to be unfair, yet we can be quick to point it out when it is not in our benefit.

As those who have been bruised by addictive behavior, we must heed the warning and learn from the bitter angst of the older son. It is not uncommon for family members of a recovering addict to resent the new life that has risen from their loved one when they get better and find recovery. We remain stuck in old patterns and continue to be miserable if we do not take our daily recovery efforts seriously.

Therefore, it is important for us to make a daily commitment to surrender ourselves to God's will and take on the compassionate attitude of the prodigal's father. As the Big Book of *Alcoholics Anonymous* (p. 85) notes, "What we really have is a daily reprieve contingent on the maintenance of our spiritual condition. Every day is a day when we must carry the vision of God's will into all of our activities. 'How can I best serve Thee—Thy will (not mine) be done.'"

Only through this understanding and the recognition that no human power can relieve us or others of addiction can we be *ambassadors for Christ*, as Saint Paul concludes in the Second Reading.

## Reflection Questions

- What old things have passed away as you have taken on the identity as a beloved child of God? What new things have come?
- How do you relate to the characters in the Parable of the Prodigal Son?
- How do you maintain your spiritual condition and carry the vision of God's will into your daily activities?

### **General Recovery CIR Meeting in Spanish**

*Join a group of men and women from around the world for our first weekly Spanish-speaking Catholic in Recovery meeting online each Wednesday at 11:30a ET/8:30a PT*

- Reflections and meeting materials are translated into Spanish to allow recovery in one's primary language
- Zoom Meeting ID: 852 1044 4648 / Passcode: 121212
- If you are interested in providing CIR resources in Spanish for your church or community, email [info@catholicinrecovery.com](mailto:info@catholicinrecovery.com) to start the conversation

## Sunday Mass Readings this Week

**1st Reading:** Joshua 5:9A, 10-12

**Responsorial Psalm:** Psalm 34:2-3, 4-5, 6-7

**2nd Reading:** 2 Corinthians 5:17-21

**Gospel:** Luke 15:1-3, 11-32