

Reflection Questions

- What cross do you carry and how have you shared the weight of it with others?
- Is there something going on in your life that you are avoiding, denying, or failing to take responsibility for?
- How have you overcome resistance that you've experienced along your recovery journey?

New Virtual CIR Meetings

New weekly virtual CIR meetings available include:

- **Family of Lust Addiction Recovery Meeting**
Tuesdays at 9p ET/6p PT
- **Women's General Recovery Meeting**
Wednesdays at 8p ET/5p PT
- **Adult Children of Dysfunctional Homes Meeting**
Fridays at 7p ET/4p PT
- **Women's Disordered Eating Recovery Meeting**
Sundays at 7p ET/4p PT

Sunday Mass Readings this Week

1st Reading: Isaiah 50:5-9a

Responsorial Psalm: Psalm 116:1-2, 3-4, 5-6, 8-9

2nd Reading: James 2:14-18

Gospel: Mark 8:27-35

24th Sunday in Ordinary Time



One of the many gifts we find through our recovery is that of identity. We get the chance to learn who God is, who we are (not God), and identify our cross—that thorn in our side which propels us to face resistance with courage. When we surrender control and embrace the Twelve Steps and sacraments we are catapulted into an authentic relationship with Jesus Christ. Others who have been in our shoes help us carry our cross daily.

Unfortunately, the cunning, baffling, and powerful nature of addiction can prevent us from acknowledging that change needs to begin with us. We might still think that we are responsible for changing our loved one or that things just aren't that bad. As we stay committed to meetings, however, we get to see aspects of our behavior through the lens of others' honest shares and the Gospel stories of Jesus.

In this Sunday's liturgy, we hear Jesus speak of the honest, open, and willing attitude necessary to follow him. The first half of the Gospel Reading reflects upon Peter wishing an easier, softer way for his Lord:

*[Jesus] began to teach them
that the Son of Man must suffer greatly
and be rejected by the elders, the chief priests,
and the scribes,
and be killed, and rise after three days.
He spoke this openly.
Then Peter took him aside and began to rebuke him.
At this he turned around and, looking at his disciples,
rebuked Peter and said, "Get behind me, Satan.
You are thinking not as God does,
but as human beings do."*

In addition to self-denial, we may also run up against others who plead for us to minimize the impact that addiction is having on our family. This can be found on a cultural level as certain behaviors (marijuana and pornography use, for example) are becoming more-and-more socially acceptable regardless of their social, emotional, physical, and spiritual consequences.

Sometimes family members and friends have a hard time understanding the great lengths we go to in order to find freedom from the grip of family addiction. The guiding principles of self-discovery, separate but hopeful, and loving detachment can be challenging to accept without a fellowship of others who know what we're going through.

When refuted, Jesus did not allow the influence of Peter to direct his mission. He was steadfast in his efforts to give himself fully. When we walk the path of suffering love, as Jesus did, we are sure to meet resistance. Humans have a tendency to seek safety, comfort, and avoidance of pain. Peter wants to believe that the Christian life can be lived without the cross.

Jesus' response seems harsh, but is a request for Peter to follow Him. In reality, Jesus is laying out the cost of discipleship:

*He summoned the crowd with his disciples
and said to them,
"Whoever wishes to come after me
must deny himself,
take up his cross, and follow me.
For whoever wishes to save his life will lose it,
but whoever loses his life for my sake
and that of the gospel will save it."*

We must freely walk the path of suffering love if we are to call ourselves followers of Christ. Lip service in the Church is cheap; our actions have value. The path of protection and safety has its own costs, and for us it means that the addiction continues to make our family's decisions. When we lean into the spiritual work of recovery, we march together with Jesus toward Jerusalem. Along the way, we are sure to meet a few who will distract us as well as plenty of people who we can invite into the parade.