

## Reflection Questions

- What types of old patterns and impulses have you overcome as part of your recovery journey?
- How have you learned to trust and love God through recovery despite past and present suffering?
- What is going on in your life today that demands your trust in God?

### **CIR Rosary Every Saturday**

Join fellow CIR community members every Saturday to pray the Rosary at 11:00 AM ET/8:00 AM PT via Zoom. You can join the Rosary gathering by using the following login information:

Meeting ID: 914 1234 2605 | Password: 121212  
Dial in: (669) 900-6833

### **Sunday Mass Readings this Week**

**1st Reading:** Acts 3:13-15, 17-19

**Responsorial Psalm:** Psalm 4:2, 4, 7-8, 9

**2nd Reading:** 1 John 2:1-5

**Gospel:** Luke 24:35-48

## 3rd Sunday of Easter



Easter is not simply a day to celebrate our Lord's Resurrection, but a season that lasts 50 days and invites us to enter into the fullness of God's mystery. We put our faith in a Higher Power who has been raised from the dead, glorified, and resurrected. This has nothing to do with ghosts, fantasies, mythology, wish-fulfillment, or disembodied spirits. It is much more than an abstraction of good will, kindness, and respect.

Our efforts to seek recovery from addictions, compulsions, and unhealthy attachments require engagement with more than a ghost. Like the disciples encountering Jesus after the Resurrection, we get support from God who dwells among us today. We get a personal encounter with Christ by relying on others, the body of Christ living and breathing in the world. We get direct contact with God through the sacraments that heal and nourish us along the way.

We have an Advocate above, continually knitting the fabric of heaven and earth together. In recovery, we rely on the body of Christ in order to turn away from our sinfulness and devote ourselves to spiritual progress. Somewhere in the process, we begin to truly love God with all our heart, mind and soul. As a result, we learn to love ourselves as well as our neighbor.

As an Easter people, we rejoice in our risen Lord but shall not forget the pain and sacrifice experienced by Jesus for the sake of our own resurrection and freedom from death. By denying ourselves of our own self-seeking desires, one day or moment at a time, we may acknowledge the suffering that comes with it, which might come in the form of mental, emotional, or spiritual anguish.

In many cases, we have conditioned ourselves to avoid small moments of suffering by acting out or reaching for our drug of choice. Addiction forms when that conditioning overrides the personal choices that we have, making our lives unmanageable and diminishing our ability to love God, ourselves, or our neighbor. Acting against the grain of our own urges is a difficult but necessary part in trusting that God will restore us to sanity.

This week's Second Reading from the First Letter of Saint John describes God doing for us what we cannot do for ourselves:

*If anyone does sin,  
we have an Advocate with the Father,  
Jesus Christ the righteous one.  
He is expiation for our sins,  
and not for our sins only but for those of the whole  
world.  
The way we may be sure that we know him is to  
keep his commandments.  
Those who say, "I know him,"  
but do not keep his commandments are liars,  
and the truth is not in them.  
But whoever keeps his word,  
the love of God is truly perfected in him.*

Therefore, we seek comfort with Christ as our advocate and God as our acquitter. We do not need all of the answers and are instead called to grow in trust rather than clarity. While knowing our identity as beloved children of God, we can align ourselves with the words of Saint Paul to the Romans:

*For I am convinced that neither death, nor life,  
nor angels, nor principalities, nor present things,  
nor future things, nor powers, nor height, nor  
depth, nor any other creature will be able to  
separate us from the love of God in Christ Jesus  
our Lord.*