

Reflection Questions

- How has the Holy Spirit guided your recovery?
- How do you describe the experience of connecting with others in a recovery meeting?
- Who are the fellow disciples and companions walking alongside you on your journey?

CIR Online Community Forums

Dive into a variety of topics with fellow Catholics in recovery around the world

- Create a profile and connect with others
- Ask questions and join discussions about overlapping 12-step recovery with Catholic sacraments and devotions
- Register for our monthly Catholic in Recovery newsletter
- Visit www.catholicinrecovery.com/community-forums

Sunday Mass Readings This Week

1st Reading: Acts 2:1-11

Responsorial Psalm: Ps 104:1, 24, 29-30, 31, 34

2nd Reading: 1 Corinthians 12:3b-7, 12-13

Gospel: Luke 20:19-23

Pentecost Sunday



The day of Pentecost ushered in a new era of salvation history. With the Holy Spirit descending upon the apostles and others, the Church as we know it was born. From this point forward, we get to witness a profound spiritual awakening take place in the lives of Christ's disciples. After Jesus ascended into heaven, His promise of sending an Advocate to guide and protect His Church is maintained. We hear in this week's first reading:

*When the time for Pentecost was fulfilled,
they were all in one place together.
And suddenly there came from the sky
a noise like a strong driving wind,
and it filled the entire house in which they were.
Then there appeared to them tongues as of fire,
which parted and came to rest on each one of
them.*

*And they were all filled with the Holy Spirit
and began to speak in different tongues,
as the Spirit enabled them to proclaim.*

This was not the first time something miraculous took place during a spiritual gathering of the apostles. The Spirit has a tendency to be active in such settings. We get to experience the life-changing energy of the Holy Spirit when we gather for meetings and share a common hope rooted in the faith of our savior, Jesus Christ.

Bill Wilson and Dr. Bob Smith, founders of modern 12-step recovery, were certainly touched by the Holy Spirit and guided by others. In 1940, Bill was 5 years sober but fighting depression and accused of being a “dry drunk” by his peers. One day a man knocked on his door.

“I’m Father Ed Dowling from St. Louis. A Jesuit friend and I have been struck by the similarity of the AA Twelve Steps and the Spiritual Exercises of St. Ignatius” (as recorded in the book *The Soul of Sponsorship* by Robert Fitzgerald, S.J.). This began a friendship that formed the spiritual development of twelve-step principles and began overlaying them with Catholic spirituality. We return to our roots and the life of the early Church when we gather to pray, share openly and honestly with each other, and celebrate our risen Lord through the sacraments.

Much like those gathered at the Feast of Pentecost when the Holy Spirit first descended upon them, we come from different backgrounds and are united in the new life offered by God’s mercy. In a way, we speak a united language of recovery and can understand each other’s tragedies and triumphs without having to say too much.

The second chapter of the Acts of the Apostles continues:

Now there were devout Jews from every nation under heaven staying in Jerusalem. At this sound, they gathered in a large crowd, but they were confused because each one heard them speaking in his own language. They were astounded, and in amazement they asked, "Are not all these people who are speaking Galileans? Then how does each of us hear them in his native language?"

Let us share boldly the Good News of our Lord and let the Holy Spirit guide our recovery. We pray that God awakens us to those He may send as companions and fellow disciples along the way. We join our brothers and sisters around the world to celebrate Pentecost and the outpouring of the Holy Spirit that is alive in us today.