

Reflection Questions

- How have you responded to the service imperative at the heart of 12-step recovery?
- Do you have any commitments at a weekly meeting or elsewhere in the recovery community?
- How do you make yourself available to those who may rely upon your help and gain hope from your experience?
 - Are you willing to be vulnerable with them and humbly share the way God has reformed your life?

Solemnity of Christ the King



We are blessed to experience the leadership of Christ working in our lives. In recovery, we learn that our own personal freedom requires healthy limits with those we love. Unless we stand in our own integrity, our efforts to serve others may only enable addictive behavior and leave us even more resentful and disappointed.

This weekend we celebrate the Solemnity of Christ the King as our liturgical calendar winds down. We can look with hope for the return of our King as we gaze the world through the lens of service and sacramental recovery. While we may not be the vessel that can deliver healing to our loved one, we can serve others impacted by the family consequences of addiction by committing to service. Addiction recovery literature emphasizes that service to others whom we have experienced a similar darkness as we have is a necessary ingredient in the formula for our own serenity and spiritual growth.

This *service imperative* runs parallel with the message offered by Christ in this weekend's gospel reading. Since January, most of our Sunday gospel readings have been taken from the Gospel of Mark. Mark's gospel has a great theme of the reign of God. Over the past several weeks, Jesus has been attempting to help us understand that he is the Messiah of a different kind of kingdom than most people can only imagine. When we begin the work of recovery, we begin to see what Jesus can do as he takes leadership of our lives.

This Sunday's gospel reading (John 18:33-37) finds Jesus face-to-face with the authorities that will put him to death:

Jesus answered, "My kingdom does not belong to this world.

*If my kingdom did belong to this world,
my attendants would be fighting
to keep me from being handed over to the Jews.
But as it is, my kingdom is not here."*

So Pilate said to him, "Then you are a king?"

Jesus answered, "You say I am a king.

*For this I was born and for this I came into the world,
to testify to the truth.*

*Everyone who belongs to the truth listens to my
voice."*

As attendants of Christ, we do not are not tasked with fighting or battling. Rather, He is the one that has shed blood for all and invites us to declare the Good News to others. As Catholics in Recovery, this is not only a part of our Christian calling but also essential to our own joy and freedom.

Perhaps you are in a position where you feel you are most in need—your personal rock bottom. Embrace the hand that reaches out to you and embrace your identity as a beloved son or daughter of God, with whom He is well pleased. A new life awaits you, one that you may not be able to envision today.

Our fellowship is rooted in the body of Christ embracing the body of Christ. It is a great gift to be in recovery, as few lifestyles offer such genuine opportunities to live under the reign of our Lord. Let us conclude this week's reflection with a prayer of service and thanksgiving (from *The Twelve Steps and the Sacraments*, pages 168-169):

Lord,

Thank you for never giving up on your pursuit of me.

Every step of my recovery journey
has been paved by you,
and you have crafted me beautifully.

Please allow me to see the world
through your lenses
so that I may be of maximum service to you
and to those around me.

May I do for others what your love has done for me.

In all things, give me a heart that seeks the weary,
the lonely, and the hopeless
so that, one day, we may all be united
in your heavenly kingdom.

Amen.